

International Symposium on Food Communications and Sustainable Agri-Aqua Food Systems Connecting Primary Industries, Academia, and Society through the SDGs

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## INTRODUCTION

The red shrimp (*Solenocera crassicornis*) is distributed in Zhoushan, the South China Sea, and the southern Yellow Sea. It is a major ingredient for shrimp gel products due to its delicious taste and good processability. Traditionally, shrimp paste requires the addition of 2% to 3% salt to facilitate gelation. However, high salt intake is associated with various chronic diseases. The World Health Organization recommends a daily sodium intake limit of 5 g. Developing low-salt shrimp gel without compromising quality has become a hot topic in food research.

### **AIM**

To achieve the low-salt goal, we introduced two key methods: microcrystalline cellulose (MCC) — a natural dietary fiber that can thicken, retain moisture, improve sensory properties, and reduce the risk of chronic diseases; and low-temperature static magnetic field (SMF) — a green, additive-free physical method that can regulate protein conformation. We hope that this combination will enhance the gel strength, improve the water retention, and optimize the microstructure of shrimp gel under low-salt conditions. This will provide theoretical basis and technical support for the development of new types of shrimp gel products that are healthy, high in dietary fiber, and have high textural properties.

# **METHOD**

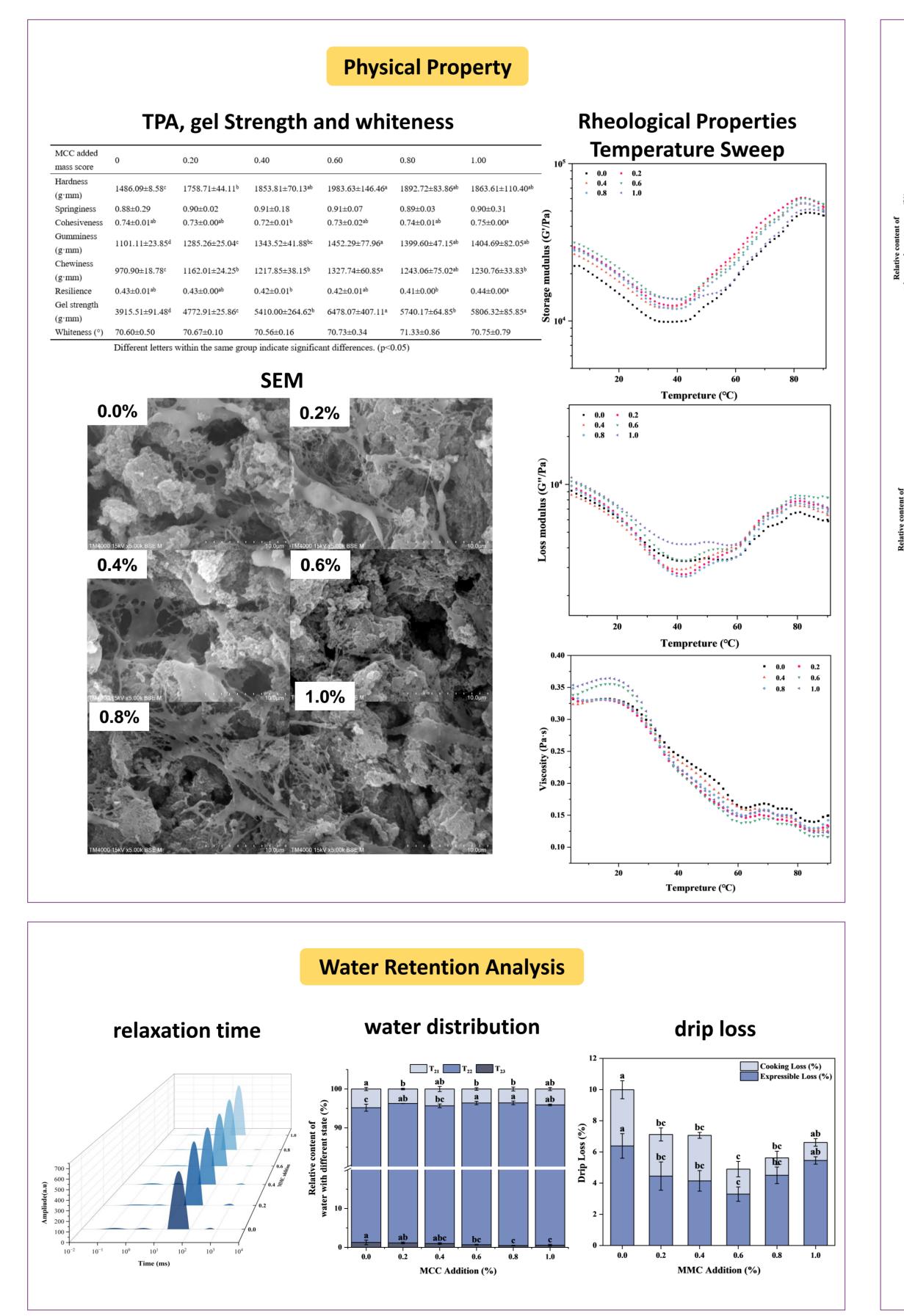
During the experimental process, we used fresh-frozen red shrimp as the raw material. After thawing and chopping, the shrimp were evenly divided into six groups. Each group was supplemented with 0%, 0.2%, 0.4%, 0.6%, 0.8%, and 1.0% (w/w) MCC, respectively, along with 1% (w/w) salt and 5% (w/w) potato starch. Subsequently, the moisture content of the mixtures was adjusted to 78%–80%, and they were filled into casings with a diameter of 38 mm. Next, each group of samples was exposed to a 5 mT SMF at 4 °C for 16 h to form shrimp paste sol (SS). Thereafter, the samples were heated in a water bath at 90 °C for 30 min to induce the formation of shrimp paste gel (SG). Finally, the physical properties, water distribution, and microstructure of each sample were comprehensively evaluated.

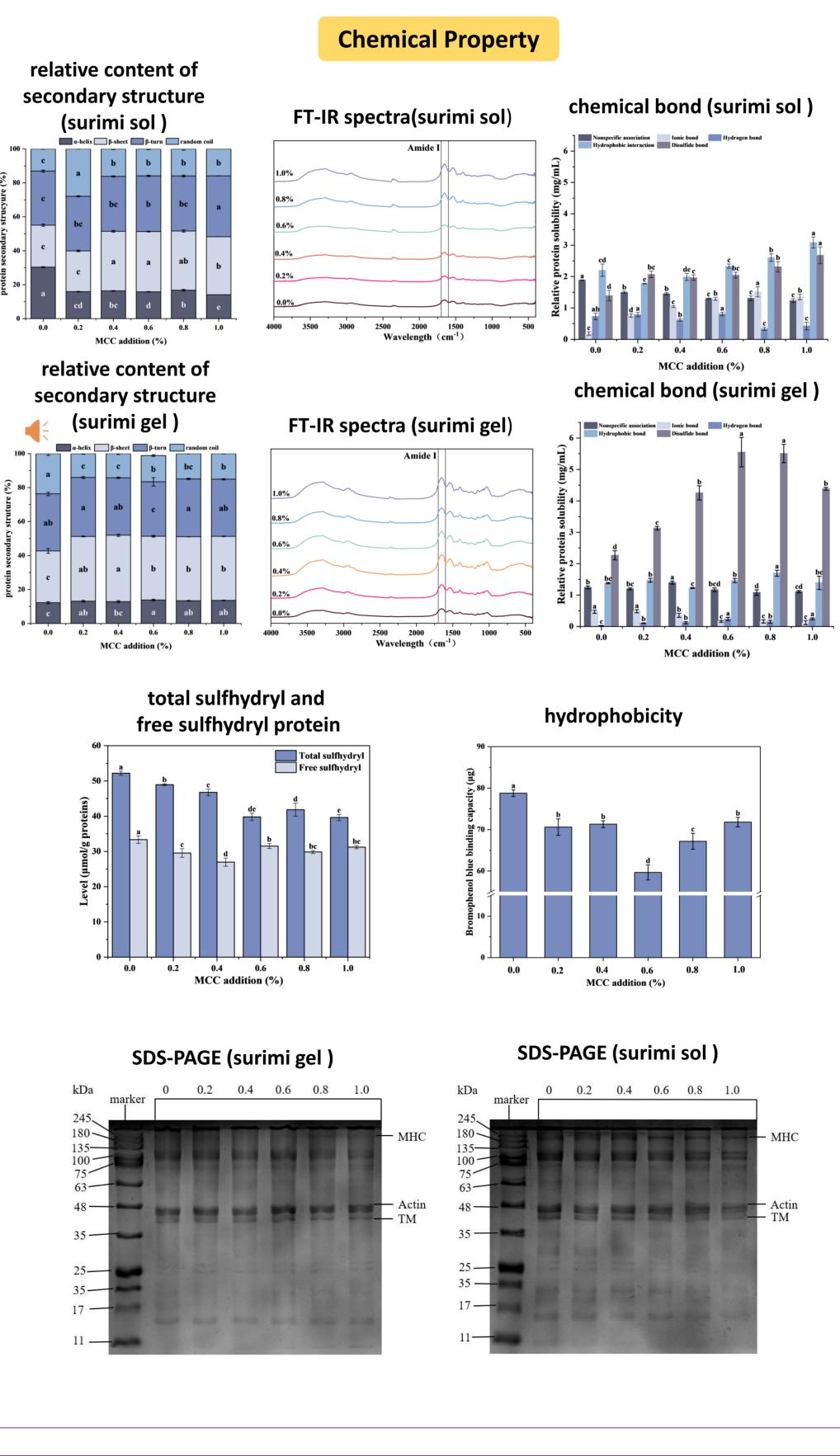
# Synergistic enhancement of gelation and protein interactions in low-salt shrimp gels by static magnetic field and microcrystalline cellulose

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### **RESULTS**





### CONCLUSIONS

This study investigated the synergistic effects of static magnetic field (SMF) and microcrystalline cellulose (MCC) on the properties of low-salt shrimp gel (SG). Experiments from multiple perspectives confirmed that MCC induces  $\beta$  -folding and bridges myosin heavy chains, constructing a dense and uniform protein network. In summary, with the assistance of SMF, MCC significantly improved the functional properties of low-salt shrimp gel, providing a new method for developing high-quality, low-sodium, and dietary fiber-rich seafood products.

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